

Week		Monday	Tuesday	Wednesday	Thursday	Friday
1	Am Snack	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter
	Lunch	Salmon and Potato Bake <i>with Cheese,</i> Peas & Sweet corn ***** Yoghurt	Pasta Bolognaise ***** Blueberry Muffins	Vegetable Risotto ***** Banana & Custard	Leek and Potato Soup Ham/cheese wraps ***** Fromage Frais	Chicken Fusilli ***** Peaches
	Pm Snack	Oatcakes <i>with</i> Mackerel Pate. Pears & grapes	Crackers & Cheese Apple Slices	Rice Cake Satsuma's	Banana Loaf, Kiwi & Melon	Melba Toast, Apple & Raisins
2	Am Snack	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter
	Lunch	Baked Potatoes with Beans & Cheese ***** Fromage Frais	Teriyaki Chicken with Rice ***** Peaches	Tuna Pasta ***** Natural yoghurt & Mango Puree	Beef Lasagne ***** Kiwi Fruit	Cauliflower Soup, Homemade Bread ***** Pear and Blackberry Crumble with Custard
	Pm Snack	Breadsticks <i>with</i> Garlic Dip Carrot & Cucumber Julienne	Blueberry Pancakes, Pears & Raisins	Popcorn with Seasonal Fruit	Cheese Scone Pineapple Pieces	Tortilla chips, Guacamole & Grapes
3	Am Snack	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter
	Lunch	Macaroni Cheese with Broccoli & Sweet corn ***** Mango Lassi	Lamb Tagine with Couscous ***** Banana & Custard	Carrot & Coriander soup <i>with</i> homemade bread, ***** Fromage Frais	Melon Boats ***** Chicken Casserole with Pastry & Mashed Potatoes	2 Fish and Potato Pie with Cheese ***** Natural Yoghurt & Peach Puree
	Pm Snack	Melba Toast Kiwi & Orange Quatres	Water Biscuit & Tzatziki Carrot & Cucumber Sticks	Oatcakes <i>with</i> Mango chutney. Apples & Grapes	Crackers with Cheese & Pineapple Spread Cherry Tomatoes	Blueberry Pancakes Pears & Raisins
4	Am Snack	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter	Toast & Butter
	Lunch	Cream of Tomato Soup & Sandwich Buffet ***** Fromage Frais	Melon Boats ***** Vegetable Pasta	Chicken Fricassee with Rice ***** Natural Yoghurt & Apricot Compote	Tuna Pasta Bake ***** Pineapple Upside-down Cakes	Sausage, Beans & Mashed Potatoes ***** Fruit Salad
	Pm Snack	Apple Muffins Banana	Naan Bread Strips <i>with</i> Sour Cream & Chive Dip, Pears & Pineapple chunks	Cheese Twists <i>with</i> Houmous, Red & Yellow Peppers and Olives	Rice cake with Soft Cheese Spread, Apple Slices	Cherry Scone & Peaches

Recipes available on request from office